



Simply Strings: Shantytown

Name: Quilt Shop Lesson Plan

Date: October 10, 2014

Time: 6 hours

Lesson Objectives:

Students will learn basic string quilting techniques while creating their own set of quilt blocks

Recommendations:

- ⊕ Number of Students: 10-25
- ⊕ Individual ironing stations OR 1 station for every 5 students
- ⊕ Name Tags

Teacher Supplies:

- ⊕ Samples
- ⊕ Staged Mock-Ups
- ⊕ Irons and Ironing Boards, if necessary

Student Supplies (printable follows)

- ⊕ *Simply Strings: A modern approach to a traditional block*
- ⊕ *Fabric scraps for the strings (houses)*
- ⊕ *Fabric for the background/setting, doors, roofs*
- ⊕ *Foundation Paper: your choice of phonebook pages, newspaper or lined notebook paper*
- ⊕ *Thread*
- ⊕ *Sewing Machine: clean and in good working order*
- ⊕ *¼" foot*
- ⊕ *Rotary Cutter, Mat, and Ruler*
- ⊕ *Scissors: Fabric and Paper*
- ⊕ *Iron, Ironing Board, and Pressing Sheet*
- ⊕ *Best Press or other spray starch*
- ⊕ *Sharpie Marker*
- ⊕ *Seam Ripper*



Procedures

Part 1

1. Greeting & Student Introduction (name, how long quilting, etc)
2. Class overview
3. Begin Mock-Up 1 (foundation with door & first string) and Mock-Up 2 (whole door row).
4. Tips:
 - ⊕ Before starting, press strings if necessary.
 - ⊕ Set sewing machine stitch length to 2.
 - ⊕ All seam allowances are 1/4 inch
 - ⊕ Use spray starch to tame bias.
 - ⊕ Press after each seam.
 - ⊕ Use a pressing sheet to protect ironing board (if using newsprint/ phonebook pages).
 - ⊕ Use biggest strings first.
 - ⊕ Sew small strings together as needed to cover large areas.
5. Students begin sewing
 - ⊕ Set a goal for students (ie: 10-12 finished blocks)
 - ⊕ Cut foundation paper
 - ⊕ Choose door placement (center, left, or right) and sew the first row
6. Mock-Up 3 (row above door)
7. Student sewing
 - ⊕ Add the top row
 - ⊕ Square up finished blocks
 - ⊕ Lightly starch one final time if necessary
 - ⊕ Remove foundation papers
8. Lunch break.

Part 2

9. Mock-Up 4 (roof unit) and Mock-Up 5 (completed block)
10. Tips:
 - ⊕ Grade seam allowances if necessary to prevent shadowing
 - ⊕ Squaring up lesson for those who need it
 - ⊕ Refer students to the free project "Modern Snowball" on the website for a fun way to use triangle drop-offs (waste prevention) sewnintothefabric.com/modSnowball.html
11. Student sewing.
 - ⊕ Construct the roof unit
 - ⊕ Attach the roof unit to the house
 - ⊕ Starch, press and square up if necessary
12. Discuss setting this quilt



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Supply List

- *Simply Strings: A modern approach to a traditional block*
- *Foundation Paper: your choice of phonebook pages, newspaper or lined notebook paper*

- *1 1/2 yd assorted fabric for the strings (houses)*
- *1/3 yd fabric for the doors*
- *5/8 yd fabric for the roofs*
- *1 1/4 yd fabric for backgrounds (and sashing)*

- *Sewing Machine: clean and in good working order, with all necessary/favorite attachments*
- *1/4" foot*

- *Rotary Cutter, Mat and Ruler*
- *Scissors*
- *Thread Nippers*

- *Iron, Ironing Board, and Pressing Sheet/Protective Cover*
- *Spray Starch or Spray Starch Alternative*

- *Thread*
- *Straight Pins*
- *Seam Ripper*
- *Erasable Fabric Marker*
- *Light (optional)*
- *Extension Cord (optional)*
- *Thread Catcher (optional)*