



Simply Strings: Pine and Dandy

Name: Quilt Shop Lesson Plan

Date: October 10, 2014

Time: 6 hours

Lesson Objectives:

Students will learn basic string quilting techniques while creating their own set of quilt blocks.

Recommendations:

- ⊕ Number of Students: 10-25
- ⊕ Individual ironing stations OR 1 station for every 5 students
- ⊕ Name Tags

Teacher Supplies:

- ⊕ Finished Sample
- ⊕ Staged Mock-Ups
- ⊕ Irons and Ironing Boards, if necessary

Student Supplies (printable follows)

- ⊕ Simply Strings: A modern approach to a traditional block
- ⊕ Fabric scraps for the strings (tree)
- ⊕ Fabric for the background and trunks
- ⊕ Thread
- ⊕ Foundation Paper: your choice of phonebook pages, newspaper or lined notebook paper
- ⊕ Sewing Machine: clean and in good working order
- ⊕ ¼" foot
- ⊕ Rotary Cutter, Mat, and Ruler
- ⊕ Scissors: Fabric and Paper
- ⊕ Iron, Ironing Board, and Pressing Sheet
- ⊕ Best Press or other spray starch
- ⊕ Sharpie Marker
- ⊕ Seam Ripper



Procedures

Part 1

1. Greeting & Student Introduction (name, how long quilting, etc)
2. Class overview
3. Begin with Mock-Up 1 (foundation with the first and second strings sewn on)
4. Tips:
 - ⊕ Before starting, press strings if necessary.
 - ⊕ Set sewing machine stitch length to 2.
 - ⊕ All seam allowances are 1/4".
 - ⊕ Use spray starch to tame bias.
 - ⊕ Trim and press after each seam.
 - ⊕ Use a pressing sheet to protect ironing board (if using newspaper/ phonebook pages).
 - ⊕ Use the biggest strings first.
 - ⊕ Sew small strings together as needed to cover large areas.
5. Students begin sewing
 - ⊕ Cut all foundation papers using the template on page 67.
 - ⊕ Begin creating the first block; sew first 2 strings in place.
6. Mock-Up 2 (block with 5 strings) and Mock-Up 3 (full block)
 - ⊕ Demo tilting each string opposite the last and at desired angle depths.
7. Student sewing
 - ⊕ Complete 6 blocks.
 - ⊕ Square up finished blocks.
 - ⊕ Lightly starch 1 final time if necessary
 - ⊕ Remove paper foundation
8. Lunch break.

Part 2

9. Mock-Up 4 (trunk unit)
10. Tips:
 - ⊕ Make trunks thicker/thinner or tall/shorter as desired
11. Student sewing.
 - ⊕ Assemble the trunk units (aka: sashing).
12. Mock-Up 5 (finished sample)
13. Student sewing
 - ⊕ Set blocks
 - ⊕ Starch, press and square up if necessary
 - ⊕ Add borders if time allows



Simply Strings: Pine and Dandy Supply List

- *Simply Strings: A modern approach to a traditional block*
- *Foundation Paper: your choice of phonebook pages, newspaper or lined notebook paper*

- *1/3 yd fabric for the strings (tree)*
- *1/3 yd fabric for the doors*
- *5/8 yd fabric for the backgrounds, sashing and setting triangles*
- *12" x 15" scrap for trunks*

- *Sewing Machine: clean and in good working order, with all necessary/favorite attachments*
- *1/4" foot*

- *Rotary Cutter, Mat and Ruler*
- *Scissors*
- *Thread Nippers*

- *Iron, Ironing Board, and Pressing Sheet/Protective Cover*
- *Spray Starch or Spray Starch Alternative*

- *Thread*
- *Straight Pins*
- *Seam Ripper*
- *Marking Pen/Pencil/Sharpie (paper)*
- *Light (optional)*
- *Extension Cord (optional)*
- *Thread Catcher (optional)*